

Can You Really Build a Brand New Body —and Create a Dramatically Improved and Healthier Version of You... in Less than 365 Days?

Little-Known Secret Supercharges Your Health And Wellbeing...Supports Graceful Aging... Nourishes Prevention And Healing Of Chronic Diseases... And Even Enables You To Live Longer!

What if you could trade your present body for a much healthier one... just like trading in your old car for a newer and better model? Imagine how much better your life would be!

Imagine how many health problems you'd avoid... how fast your supercharged immunity would allow diseases to disappear from your body... how much more energy you'd have... how vibrant and alive you'd feel... and how many more years you'd add to your lifespan.

If this sounds like a fantasy to you, I ask that you suspend your disbelief until you've **read the entire story**. You'll be amazed, intrigued and fascinated by the extraordinary information you're about to discover.

But first, let me ask you a question.

Which Of The Following Describes You?
[Check All That Apply To You.]

☐

You're someone who has been living an unhealthy lifestyle—and wants to "start over" with a clean slate... **erase the "ghost of your body's past"**... and usher in a new healthier you.

☐

You suffer from a *chronic or degenerative disease*, and are seeking complete health restoration.

☐

You're seeing and feeling the symptoms of "getting older"—such as aches and pains, debilitating diseases, wrinkles and saggy skin, loss of vitality, poor memory—and wish to **regain your lost youth** — and look and feel young again.

☐

You're someone in fairly good health who wants to **maximize your health and well-being**, slow down your aging process, and live a long life.

If you checked one or more of the above, this will be the most exciting information you'll ever encounter.

As you *read this article in its entirety*, you will discover the recipe for **creating a brand new body**—a body that is capable of rebuilding itself and **dramatically improving your health and longevity**.

The Amazing Health Secret Of A Beverly Hills Millionaire

Have you ever come across those rare people who never get sick—even with advancing age... those who always have high energy... who always look years younger than their actual age... who seem to be "born healthy" and never struggle with health problems—even while their friends and relatives suffer from a diverse array of diseases?

"Mister B" is such a person.



A 65 year old self-made millionaire who lives in Beverly Hills, Mister B, is at the peak of health.

- His biological age is proven to be that of a **31-year-old man!** (*verified by a recent biological age test in 2012*)
- He's disease-free and never gets sick (*doesn't even get a cold or the flu*)—and has normal blood pressure, cholesterol, and blood sugar levels.
- He has a **laser-sharp memory**.
- He **looks decades younger** than his chronological age.
- He has an **inexhaustible supply of energy**—and can outperform, outdance and outlast people half his age.
- He has amazing stamina and continues to do all the physical activities he did in his twenties.
- He's **never been hospitalized** in his life!

In 2010, Mister B attended his 45 year *college* reunion. Many of his fraternity brothers—men his own age—didn't

recognize Mister B at all... mistaking him for a man no older than 40. When he told them who he was, they stared in amazement because Mister B's face showed no signs of wrinkles or sagging skin—and he actually looked younger than the last time they saw him... just 10 years prior!

Furthermore, Mister B had a youthful physique... while most of his fraternity friends were overweight and out of shape.

They demanded to know the name of his plastic surgeon... the doctor who had "renovated" his face and body—and they didn't believe him when he swore he'd had no cosmetic surgery!

Mister B is not only a real-life Beverly Hills millionaire entrepreneur... he's also the poster child for optimum health and anti-aging. **But it wasn't always that way.**

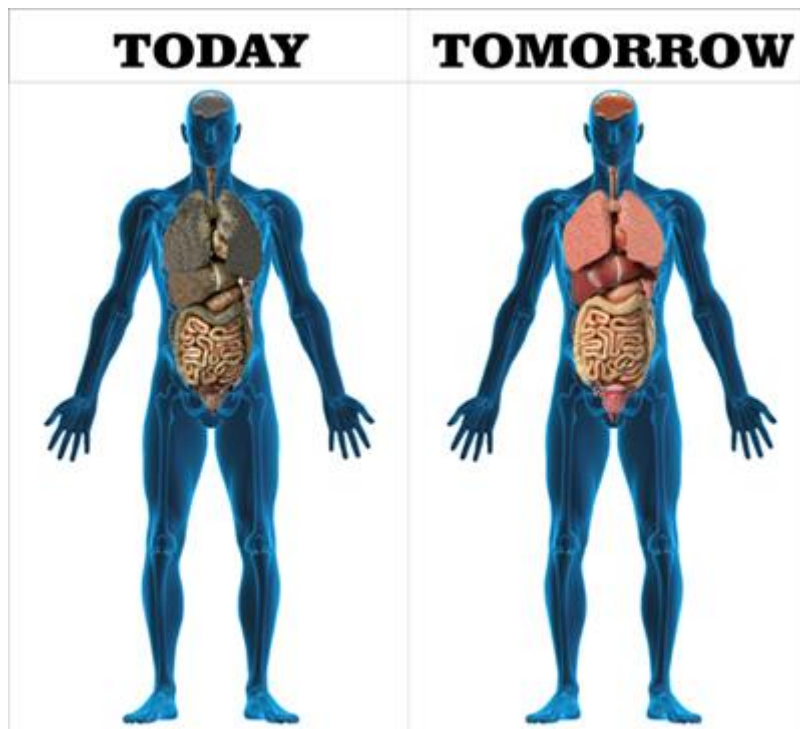
Earlier in his life, Mister B was just like everyone else. In his mid-40s, he began to face the health challenges and aging symptoms so common among middle-aged people. He started rapidly losing his hair, getting wrinkles and gaining weight and flab... especially in his mid-section. He developed gum disease... suffered from undiagnosed prostate pain and even... a lymphatic disorder characterized by excessive mucous and occasional swelling of the lymph nodes.

Mister B was forced to realize, **"He was over the hill, and going downhill fast!"**

But one fateful day—that ultimately changed his life—a naturopathic doctor said these words to him:

"Your Body Tomorrow = What You Put In It Today"

This same wise doctor shocked Mister B when he told him... **"your entire body has the miraculous ability of rebuilding itself in less than a year!"**



"Every cell in your body dies and is replaced by new cells," his doctor explained...

Your body builds...

- A new brain in 1 year...
- New blood in 4 months...
- An entire skeleton in 3 months...
- New DNA in 2 months...
- A new liver in 6 weeks...
- New skin in 1 month...
- And a new stomach lining in 5 days!

"Your body has the power to literally rebuild itself from the way it is today... to a brand new body tomorrow," said the doctor, pointing to an illustration of the body's rebuilding mechanism.



Mister B's mind began spinning with amazement over his newfound knowledge of the human body's self-regenerating ability.

"But...", he asked, "if it's true that the body rebuilds itself, why are people still unhealthy, sick and deteriorating with age?"

The doctor replied, "The reason people continue to suffer from the same problems of aging... debilitating disease and sickness is because... people continue to recreate the same body by putting the same unhealthy food in it."

That's like tearing down a dilapidated house with a weak foundation—and rebuilding it with the same inferior building materials—that caused the weak foundation in the first place!

Upon hearing that... a light bulb went on in Mister B's head.

**"Let Food Be Thy Medicine
... And Let Thy Medicine Be Food."**

— Hippocrates, Father of Medicine

He spent the next 5 years seeking out the most nutrient-dense foods in the world to supply his body with the right raw materials to rebuild itself better than it was. After extensive research and grueling documentation, he was finally able to

distill the long list of nutrient-rich foods down to the **8 most powerful super foods...**

- #1: Is *the world's greatest anti-aging super food...*
- #2: The miracle tree that *prevents and treats over 300 diseases...*
- #3: A super herb with *spectacular health benefits more prized than gold...*
- #4: The most nutrient dense food on the planet...
- #5: The No. 1 superfood for *youth and longevity...*
- #6: The absolute best for rejuvenation of aging cells...
- #7: A superfood that contains 600 times more Vitamin C than oranges (and provides an extraordinary boost to your immune system...)
- #8 And lastly, "*the most antioxidant-rich superfood on the planet.*"

Obviously, you're eager to discover the names of these 8 amazing and nutrient dense superfoods—and the recipe that made such a startling difference in not only Mister B's health but also his appearance! And don't worry because **the recipe appears below**. But first, you need to know one of the *most important* things Mister B discovered during his extensive research...

You Cannot Build A Healthier Body By Simply Eating More Vegetables And Fruits

If you're like most people, you've been told to "eat your fruits and veggies" since you were a child. Mainstream media including the *New York Times*, *Los Angeles Times*, most health and fitness publications, National Public Radio, as well as countless university studies have long proclaimed that a diet rich in vegetables and fruits can increase your energy levels... boost your immune system... reduce your risk of illness... and recharge your body.

But here's the rub... although fruits and vegetables are indeed good for your health... **eating them is no longer good**

enough to promote anti-aging and lasting health—let alone help build a better body. Here are 4 big reasons why:

WARNING: Vegetables And Fruits That Are Conventionally Grown Are Nutritionally Depleted — And May Even Be Hazardous To Your Health

1. Today's produce is significantly lower in essential nutrients than foods produced 50 years ago because modern farming practices have depleted our soils of minerals. Many organic agricultural scientists agree, depleted soils yield **nutrient-poor produce**. You now need approximately **10 servings** of vegetables and fruits to obtain the nutritional equivalent of **1 serving** from 50 years ago.

2. The long shipping and storage time between harvest and market **degrades the nutrient content further**. As a result, most vegetables and fruits sold in commercial establishments are even more nutritionally depleted.

3. The use of *pesticides* and other *chemical additives* in non-organic farming yield not only nutritionally deficient—but potentially poisonous produce—that may put you at even higher risk of **long-term health problems**.



4. An estimated 80% of food crops including corn to tomatoes and alfalfa to sugar beets are now **genetically engineered and snuck into much of the processed food we eat**. These genetically modified (GMO) crops have had their genetic material altered using complex engineering techniques. Genetically engineered produce has been shown to cause **serious health problems** to those who consume them. And lack of food labeling regulation makes them even harder to identify in our food supply.

The first-ever long-term study of the health effects of GMO foods (conducted at the University of Caen in France) shows that a

lifelong diet of genetically modified foods may be associated with tumors, organ damage and premature death in lab mice.

Knowing the drawbacks—and dangers—of consuming conventionally grown vegetables and fruits, Mister B had to look harder to find the exact nutritional value he was looking for. He turned his attention to the vast array of **vitamins and supplements** that flooded the market. Again, he was dismayed by what he found.

Why Multivitamin Supplements Are Not The Solution For Promoting Long-Term Health And Wellness

According to the world's largest study on multivitamins, people who take multivitamin supplements may not be gaining actual health benefits. Instead, most vitamins and minerals are actually excreted during a well-known bodily function... earning them the nickname: *Expensive Urine!*

That's because the food nutrients found in vitamin and mineral supplements are **isolated** and **extracted**, and then put into a synthetic chemical structure the body does not recognize as food.

"Taking Multivitamins Doesn't Solve The Problem—It Is Impossible To Capture All Of The Vitamins, Minerals, Disease-Fighting [Nutrients]... In A Pill."

— Source: *National Cancer Institute*

It became clear to Mister B that only **real food**—not vitamin pills—can provide all of the health-enhancing factors needed to build a better body.

But clearly, conventionally grown fruits and vegetables (such as spinach, broccoli, blueberries and tomatoes, to name a few) were not the answer!

Only real, raw and organic superfoods could provide the fuel the human body needs to rebuild a healthier version of itself!

Continued below...

What Is A Superfood?

Superfood - *def.* A food with a high concentration of various nutrients and phytochemical content that delivers *exceptional health benefits*. The best superfoods are usually **scientifically proven foods** (also called "functional foods") that can be used in a targeted way to support natural healing of specific health problems and to enhance health and well-being.

Yet, All Superfoods Are Not Created Equal

There are dozens of so-called "superfoods" in existence. Unfortunately, many claim health benefits and effects that are not supported by solid scientific studies. And some are only backed by pseudo-scientific research, exaggeration, misrepresentation and even old wives tales—and many have no **track record of verifiable success**...no real-life case studies of real people who have experienced real results in improving real conditions.

Mister B conducted intensive investigative work to catalog and document all the potential superfoods one by one into a huge master file—discarding those that had no substantiated merits—and doing more in-depth research on those that showed promise. And, after over 5 years of commitment and research, he finally distilled his list down to the...

Mega-8 Superfoods: The "A-Team" For Rebuilding Your New Body

It was a monumental day when Mister B discovered the "**Mega-8**" **superfoods** that have **remarkable health-enhancing and life-extending properties**. Little did he know that those 8 superfoods would change his life forever.

However, no matter how impressive the 8 superfoods appeared on paper, the question still remained: Would these 8

superfoods actually promote health and wellness that one could see and feel?

There was only **one way** to find out.

Mister B proceeded to buy bulk quantities of the raw and certified organic powder form of those 8 superfoods. He mixed each of the superfood powders into a glass of water, stirred the mixture—and drank his very own superfood concoction every single day for over 7 years!

Although he could certainly afford to buy any nutritional or dietary supplement on the market—he chose to ingest only the mega-8 superfoods daily. He did not change his diet or lifestyle—he rarely went to the gym to work out, he still continued to drink beer, wine and other liquor—and he still binged on junk food every now and then.

And his results are nothing short of amazing! **At age 65, his biological age is that of a 31-year-old man!** And after much prodding he's agreed to reveal his age-defying, fountain-of-youth recipe to you...

Continued below...

Mister B's Secret Recipe Reveals The 8 Most Nutrient Dense Superfoods On Earth...

The nutritional properties of each of these nutritional powerhouses *could fill an entire book*. Every single one of them has been shown to single-handedly deliver powerful healthy aging benefits—but when combined, they produce a spectacular, synergistic boost to your overall health and well-being... like adding rocket-fuel to your car's gas tank!

Superfood #1: Chlorella - The World's Greatest Healthy Aging Food!



Chlorella is a single-celled, water-grown algae that contains more health-enhancing chlorophyll per gram than any other plant. It is extremely rich in vitamins, minerals, amino acids, essential fatty acids and many other nutrients that are beneficial to your health.

Chlorella also has an abundance of nucleic acids, which have *powerful rejuvenating properties* that **regulate the aging process**, supports youthful looking and wrinkle-free skin, and helps you have a longer potential lifespan.

Dr. Benjamin S. Frank, author of *The No-Aging Diet and Nucleic Acid Therapy in Aging and Degenerative Disease*, offered his patients with foods rich in nucleic acids, and reported that such a diet **helped his patient's look and feel 6 to 12 years younger** than their chronological age, and their overall health dramatically improved. They also experienced a substantial fading of the look and feel of lines and wrinkles, and developed healthier, younger-looking skin after only 2 months.

The raw and organic chlorella in [Mega-Nutrition Organic Superfood](#) is "broken cell wall chlorella"—the most beneficial kind of chlorella. This means that the cellulose cell walls of chlorella have been pulverized or broken down, thereby making it bioavailable... or able to be easily absorbed and used by the body... giving it the power to deliver superior health benefits.

Superfood #2: Moringa - The "Miracle Tree" of Cell Rejuvenation and The Enemy of Abnormal Cell Growth



The moringa is a genus of trees indigenous to Southern India and Northern Africa, and now cultivated in Central and South America, Sri Lanka, Malaysia and the Philippines. The leaves of the species called *moringa oleifera*, have become recognized in recent years as being highly beneficial to human health.

Moringa leaves are a healthy aging powerhouse because they contain **several thousand times more of the powerful nutrient zeatin** than any other known plant. A study published in Rejuvenation Research shows the undeniable youth-preserving effects of zeatin are due to its ability to regulate cell division and growth, and delay cell aging. With the zeatin contained in moringa, new skin cells grow at a faster rate than old skin cells die. This results in a **marked reduction of look and feel of wrinkles** on the face and other parts of the body, and a **more youthful skin appearance**.

Moringa leaves also have 90 essential nutrients and 2 compounds that have been shown to **regulate abnormal cell growth** (or a retardation of their growth). This has earned moringa the reputation of being a plant that supports health. India's traditional natural Ayurvedic medicine currently uses moringa leaves to **in the care of over 300 diseases**.

A Bureau of Plant Industry report states that, gram per gram, moringa leaves contain: twice the protein content of 8 ounces of milk (and 4 times the calcium); the Vitamin C equivalent of 7 oranges; the potassium content of 3 bananas; 3 times the iron of spinach; and 4 times the Vitamin A of carrots.

Superfood #3: Maca - The Sacred Plant More Precious Than Gold!



Maca (*Lepidium meyenii*) is a hearty root vegetable that grows in the high Andean plateaus of Peru. It is full of essential nutrients drawn from the mineral rich soil of the high Andes and the ancient Inca **worshipped it as a sacred plant.**

Maca was so highly prized by the ancient Inca that Conquistadors often *asked to be paid their tributes in maca rather than gold!*

Maca has gained the reputation of being a **super herb** in recent years, but it has actually been traditionally used for over 2,000 years to address a variety of health conditions.

In 1960, Gloria Chacon de Popovici, Ph.D., a Peruvian biologist, isolated the 4 alkaloids responsible for maca's reputed positive support for hormonal issues such as hot flashes, fatigue, mood swings, memory loss—and even male impotence. Maca's reputation for restoring physical strength and libido has been remarked upon by many South Americans.

Maca is not only a powerful libido enhancer, but it also...

- promotes reproductive health
- enhances fertility in both men and women
- alleviates minor discomforts symptoms of menopause and PMS
- supports normal bone retention during menopause
- boosts energy levels and aids in athletic performance
- helps strengthen the body's immune system

- promotes mental clarity
- increases the body's resistance to stress, trauma, anxiety and fatigue
- has a high iron content
- helps maintain normal cholesterol levels

Superfood #4: Spirulina - The Most Nutrient-Dense Food on the Planet!



Spirulina is a blue green algae, considered to be the most nutrient dense food on the planet.

Because spirulina's nutrient profile is more potent than that of any other food, plant, grain or herb, it is considered a superior whole food alternative to isolated vitamin supplements. In addition to its contribution to the body's nutritional needs, it has been shown to **support beneficial outcomes when concerned about:**

- **cancer** (abnormal cell growth)
 - allergies
 - **high cholesterol**
 - anemia
 - **elevated blood sugar**
-
- viral infections
 - **cardiovascular diseases**(heart concerns)
 - liver damage (problems)
 - **inflammatory conditions**
 - and immunodeficiency diseases (immune concerns).

Of course, no food, including spirulina, can treat any of these conditions, but good nutrition can offer support for good health and healing.

Spirulina is the **best source of vegetable protein**, containing about 65% protein — higher than any other natural food — far more than animal flesh (20%), eggs (12%), whole milk (3%), soybeans (35%), peanuts (25%) or grains (8 to 14%). It is considered a complete protein because it contains all the essential amino acids, which are the amino acids the body cannot make, but must ingest.

Spirulina also contains extraordinary concentrations of vitamins, minerals and other nutrients, such as beta carotene (10 times more concentrated than that of carrots), iron, potassium, magnesium, copper, calcium, chromium, manganese, phosphorus, selenium, zinc, essential trace minerals, and gamma-linolenic acid. It is also **the most abundant source of Vitamin B-12**, and is also rich in phytonutrients and functional nutrients that have a demonstrably positive effect on health.

Superfood #5: Cacao - The No. 1 Longevity Food



Cacao comes from raw cacao seeds, the product of a fruit grown on the cacao tree (*theobroma cacao*), which grow naturally in the shade of tropical rainforests in South America and the West Indies.

Cocoa, a component of chocolate, is derived from cacao, which many researchers dub as "**one of nature's most fantastic superfoods.**" Here are just a few of cacao's far-reaching health benefits:

- Increases blood flow to the brain and enhances brain function
- Cacao is the **No. 1 source of magnesium** of any food. Magnesium balances brain chemistry... builds strong bones... helps regulate heartbeat and blood pressure... helps prevent constipation and even eases minor menstrual cramps.
- Cacao beans contain certain compounds that can trigger weight loss, make you feel good and improve your mood considerably.
- Cacao has more antioxidant flavonoids than any food tested so far—**more than blueberries, red wine, and black and green teas.**

- Serotonin - Cacao raises the level of serotonin in the brain; thus acts to regulate mood, help with PMS discomfort, and promote a sense of well-being.
- Endorphins - Cacao stimulates the secretion of endorphins, producing a pleasurable sensation similar to the "runner's high" a jogger feels after running several miles.
- Sulfur - Cacao is high in the beauty mineral sulfur. Sulfur builds strong nails and hair, promotes beautiful skin, detoxifies the liver, and supports healthy pancreas functioning.

The key to gaining the most benefit from the world's No. 1 longevity food is to choose cacao that is **organic**, **raw**, and **cold-processed**, such as the cacao contained in the [Mega-Nutrition Organic Superfood](#) blend.

Superfood #6: Wheatgrass - The Absolute Best Superfood for the Rejuvenation of Aging Cells



Wheatgrass is the young grass of the common wheat plant, *triticum aestivum*. Its leaves are juiced or dried into powder for human consumption.

In *The Wheatgrass Book*, Ann Wigmore suggests that consuming wheatgrass juice promotes a healthy aging process because it cleanses the blood, thereby helping to **rejuvenate aging cells** and helping to **tighten loose and sagging skin**.

The high chlorophyll content of wheatgrass, as well as the amino acids, minerals, vitamins and enzymes it contains enable wheatgrass to provide a wide range of health benefits, as follows:

- **Regulates normal cell growth:** Studies show that wheatgrass juice has a powerful ability to regulate cell growth.

- **Powerful detoxifier:** Wheatgrass protects the liver and the blood, and neutralizes toxic substances like cadmium, nicotine, strontium, mercury, and polyvinyl chloride.
- **Blood builder:** The chlorophyll in wheatgrass is almost identical in chemical composition to hemoglobin, the compound that carries oxygen in the blood.

Superfood #7: Camu-Camu - The Superfruit with 600 Times More Vitamin C Than Oranges!



Camu camu is a bush that grows in the black water rivers of the South American Amazon rainforest. Its purplish red berries are a *rich source of antioxidants and powerful phytochemicals* that support and enhance health.

Camu camu berries contain the highest amount of Vitamin C of any botanical source—30 to 60 times more than a fresh orange. But when they are dried and reduced to powder form (as they are in [Mega-Nutrition Organic Superfood](#) blend), they deliver **600 times more Vitamin C than oranges!** This amount of Vitamin C provides extraordinary immune system support and enhances mental health.

The berries also contain beneficial phytochemicals, such as leucine, serine and valine, as well as significant levels of beta carotene, calcium, iron, potassium, niacin, phosphorus, riboflavin and thiamine—all of which provide these nutritional and therapeutic benefits:

- Regulates soreness considerably
- Supports healthy respiratory function (helps keep your lungs healthy)
- Maintains healthy skin, hair and nails

- Helps support vibrant eyesight
- Strengthens tendons and ligaments
- Helps to keep organs such as the eyes, brain, heart, skin and liver in good working condition

Dr. James Duke, Ph.D., the retired chief botanist for 30 years with the USDA (and author of several books on botanical medicine, including *The Green Pharmacy*) conducted an extensive study of hundreds of botanicals. He concluded that camu camu is **one of the most outstanding natural mood support nutrients**, and ranked it the **No. 1 Natural Remedy** for many traditional ailments.

Superfood #8: Acai - The Most Antioxidant-Rich Superfood in the World!



The acai berry (*Euterpe Oleracea*), the fruit of the Acai Palm tree which grows in the flood plains of the Amazon in Brazil, is a small, black-purple berry that is considered by many to be one of the world's most nutritious foods. That's because it's the most antioxidant-rich superfood in the world, with a phenomenally high ORAC (Oxygen Radical Absorbance Capacity) value.

These berries contain a high concentration of beneficial anthocyanins—up to **30 times more anthocyanins than red wine!** Anthocyanins are a group of polyphenols high in antioxidant value, and this gives them the ability to **support healthy aging**.

Acai berries are rich in dietary fiber, monounsaturated (healthy) fats and phytosterols that help promote healthy digestive and cardiovascular systems—and contribute to weight loss. They also have an abundance of essential fatty acids and an almost perfect essential amino acid complex and proteins that are essential for proper muscle contraction and regeneration.

Acai berries have been shown to support a graceful aging process... strengthen the immune system... **regulate normal cholesterol levels in the body**... reduce soreness... **improve**

circulation and cardiovascular function... detoxify the body... improve vision... and help you sleep better, naturally.

Now that you understand the body's ability to rebuild itself—sometimes in just a matter of days... just imagine...

- How much healthier you'd be if you drank these nutrition-packed mega-8 superfoods every day...
- How fast your body might heal itself of diseases, aches and pains...
- How much younger you'd look...
- How much more energy you'd have...
- How good you'd feel...
- And how many more quality healthy years you'd add to your life if you rebuilt your body—just like Mister B—with these natural, raw, organic mega-8 superfoods!

The good news is now you can experience the health-enhancing benefits of Mister B's superfood "fountain-of-youth" elixir—without the time, mess and hassle of searching for suppliers... measuring, preparing and blending the raw ingredients... and best-of-all without having to tolerate the elixir's strong, pungent, "natural" flavor.