

FIGHT FOR YOUR HEALTH

Exposing the FDA's Betrayal of America

By Byron J. Richards, CCN

The American people are being oppressed, and plans are in the works to make it even worse. Our health freedoms are being attacked, and many are unaware of just how far policy makers will go in the name of profits. If they get their way, this is what health care may look like in five to ten years:

- ▶ Rapid deployment of new and unproven drugs will turn patients into guinea pigs, all in the name of profit. This is part of the FDA's Critical Path to Personalized Medicine Initiative, and they consider it a top priority. On top of that, patients will have no recourse if they are harmed by any of these drugs. Suing the manufacturer, which is an option due to state level consumer protection laws, will be a thing of the past. The FDA is actively working for the drug companies to overturn these laws.
- ▶ Superiority and racial profiling, along with eugenics (selective breeding as proposed human improvement), will be more possible than ever, as the FDA will have the DNA of every United States citizen on file.
- ▶ Large multinational companies are tapping aggressive law firms to control patents, specifically those relating to natural life processes of the body; i.e. nutrition and herbs. Access to beneficial supplements will be removed.

Drug companies stand to benefit massively from this plan. Instead of low cost, good for the body nutritional supplements and natural products aimed at keeping the body healthy, drug prescriptions will skyrocket. In 2004, designer drugs like Zyprexa made the manufacturers \$42 billion. This increased to \$69 billion in 2006, and experts predict a growth rate of 20 to 50 percent each year.

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Summary Information

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We Must Protect Our Children

This increase is occurring at the expense of thousands of lives. Antidepressants like Zoloft that are supposed to help people are now required to have suicide warnings. Eli Lilly's best seller, Zyprexa, carries adverse effects such as cardiac abnormalities, Parkinson-like motor impairment, akathisia (unbearable restlessness), and acute weight gain. This drug is a powerful antipsychotic and carries a label clearly stating it should not be administered to children under the age of eighteen, yet doctors are routinely prescribing it to them. Teenscreen, a product of the Bush administration's mental health initiative, even uses simple questionnaires designed by the very drug companies whose warnings state their drugs should not be used on children; thereby promoting their products.

The rates at which the nation's children are being drugged are alarming. CNN reported in 2006 that anti-psychotic drug prescriptions for children have jumped fivefold from 1995 to 2002, to an estimated 2.5 million, which equals nearly forty out of every thousand kids, or four percent of our children. This equates to a \$15 billion dollar market for the drug companies like Eli Lilly, President Bush's largest campaign contributor. Prescriptions for ADHD, which include Adderall, Concerta, Strattera, and Ritalin, make up another \$3.3 billion in sales.

The ADHD market is huge, and many unsuspecting parents willingly go along with their doctor's advice in giving their children legalized speed. What many parents do not know are the risks associated with these drugs, such as cardiovascular events including heart attack, increased suicide risk, and damaged brains in old age, as shown in animal studies of ADHD drugs. An eighty-page report by the Medicines and Healthcare Products Regulatory Agency (MHPVA or MHRA), the British equivalent of the US's FDA, showed some alarming figures:

- ▶ **Strattera (Eli Lilly)** – has serious key issues such as suicidal behavior, hepatotoxicity (liver injury), and adverse cardiovascular events.
 - From Nov. 26, 2002 – Sept. 30, 2005 there were 11 reports of fatal drug-related cardiac disorders. Five were children.
 - Seizures, cardiovascular effects and suicide risk are not included as black box warnings on the drug, thereby keeping the parents of these children in the dark about the possible effects.
 - Sales of this drug were \$742 million in 2005 alone.
- ▶ **Concerta (Johnson & Johnson)**
 - The MHRA received five reports of suicidal ideation and three reported suicide attempts.
 - A six-year-old boy, having been on the drug for just two months, suffered marked depression and attempted to throw himself out of a window.
- ▶ Our FDA provided analysis to the MHRA, citing "eight reports of suicide ideation, three attempted suicides, and three suicidal gestures..." - which proves not only their knowledge, but that we as a public cannot even trust them to protect our nation's children.

The FDA Is No Longer For the People

The drug companies, or "Big Pharma," contributed largely to Clinton's presidential campaign. As repayment for their generous contributions, the Clinton administration approved the FDA accepting millions of dollars in payments from them. According to Gardner Harris of the New York Times, they were promised \$200 million in 2003. There was a stipulation to this however; the FDA would be required to spend a certain percentage on drug approvals. This led to new policy guidelines released in 2006, which speeds up the drug approval process. Experimental testing on humans will be allowed much earlier than previous policy dictated, cutting the costs of preparing the drug for human trials. In addition the policy is designed to:

- ▶ No longer protect individuals, as the rights for them to file state lawsuits are negated.
- ▶ Allow the FDA and drug companies to establish "acceptable" risks of drugs through trade secret laws, without having to inform the public about the dangers of the drugs.
- ▶ Keep the public unaware of adverse reactions to drugs, including death.
- ▶ Improve profits for the drug companies, to the detriment of public safety.

On top of this, the Bush administration has overhauled the top positions of the FDA:

- ▶ Dr. Scott Gottlieb was a Wall Street insider who promoted biotech stocks to investors, right before his appointment to the number two position in the FDA on July 29, 2005. Merrill Goozner, a director at the Center for Science in the Public Interest, had this to say about his appointment:

"I've never heard of anything like this. If he's had dealings regarding companies whose products are up for review at the agency, it strikes me as a potential conflict of interest. You want a barrier between the regulated and the regulators. It's fundamental."

- ▶ C. von Eschenbach, M.D., was promoted to head the FDA temporarily in September of 2005. He was already the director the government's National Cancer Institute, and has no background in drug or food safety, like Gottlieb. In an interview with the New York Times that same month, he stated that he had a "100 percent commitment" to both jobs, and would advocate promising new drugs being made available as "rapidly as possible." Paul Goldberg, editor of the *Cancer Letter*, has been critical of some of Dr. von Eschenbach's policies, stating that *"He is revered by people who want to loosen the criteria for cancer drugs."* This statement certainly seems to ring true, as Dr. von Eschenbach's goal at the Cancer Institute is to eliminate "suffering and death due to cancer by 2015." not curing it, but instead making it a highly profitable industry – of people who are indefinitely sick.

A Lesser Known History

John D. Rockefeller was known as the "most ruthless man in America" during his time, and his business practices were so effective that the mafia adopted them as their way of conducting business. He started Standard Oil Company in 1870 with his brother William, and together they turned it into a dynasty. They monopolized the oil industry, by either buying out their competition or strong-arming them out of business. Every aspect of the industry was purchased, including pipelines and refineries. He needed the railroads to transport his goods, yet those he could not buy, as they were owned by J.P. Morgan. Morgan also later bought out the steel industry, which was controlled by Andrew Carnegie. Financing Morgan's empire were the Rothschilds, who owned the German-European banking industry.

These industry elite together controlled the railroads, oil industry, steel and banking centers both in America and Germany. They also controlled Wall Street. They made many donations, yet not without strings attached. Due to this, they had their hands in much

more than steel and oil; they influenced university education, school curriculum, medical training, publicly funded drug research, and eighty percent of the leaders in politics in America today, all through their 'charitable' contributions.

Carl Duisberg was Bayer corporation's chief executive and scientist. In 1903, he made a trip to America to learn the Rockefeller's methods of setting up monopolies and avoiding competition. Fueled by this knowledge, he returned to Germany and convinced the other two major chemical companies, Hoechst and BASF, to end the cut-throat competition between them and band together, Rockefeller-style. Hence IG Farben was born.

Duisberg went on suggest an alternative weapon to Germany during World War I. He said that the many toxic gases produced from dye production could be harnessed and used against the enemy. The Germans were doubtful, but his second try at this created a four mile wide gap in France's defense and immobilized fifteen thousand troops. One Austrian saw the power of chemicals firsthand that day. His name was Adolph Hitler.

After the war, all eight chemical companies in Germany fused together under the IG Farben umbrella name as one huge corporate entity. They bought the entire munitions industry, fusing it with nitrate plants into weapons production. They also bought back their lost American facilities, and could once again trade with the U.S. They needed Rockefeller's money, and Standard Oil wanted IG Farben's synthetic fuel technology to produce more fuel from less oil. Together they formed the Standard IG Company to accomplish this, yet neither home country was aware of their dealings at the time.

Their arrangement was made public only after a congressional inquiry. Standard Oil had sold five hundred tons of tetraethyl lead to IG Farben in 1938, providing them the additive the Germans needed to fuel their Luftwaffe planes. For providing the Nazis with a means to go to war with America, Standard Oil received a mere slap on the wrist.

The Timeline of Eugenics

Hitler believed that Germans were the master race. This race superiority idea, known as eugenics, was given a bad name because of the atrocities perpetrated by Hitler in his pursuit of German perfectionism, yet what most people don't know is that up until this point, Americans were widely credited for the idea:

- ▶ 1883 – Charles Darwin's cousin, Sir Francis Galton, coins the term 'eugenics.'
- ▶ 1900s – The early 1900s saw Charles Davenport and Harry Laughlin, two well-known American biologists, leading other scientists and physicians to develop a drastic eugenics plan that led to involuntary sterilizations, genetic manipulation, race segregation, and imprisonment.
- ▶ 1900 – Leaders of the Industrial Revolution saw this development as a way to cover up the poor wages that they were paying immigrant workers, who were

living in horrible conditions, since now social ills such as prostitution, alcoholism, birth defects, and even poverty and crime could be blamed on bad genes.

- ▶ 1904 – The Cold Spring Harbor Laboratory was founded to conduct racial hygiene research. The facility, which was built on the estates of two Rockefeller lawyers, now is home to the Human Genome Project. Rockefeller and another millionaire, Edward Harriman, provided \$11 million in funding.
- ▶ 1910 – After Harriman's death in 1909, his wife donated \$500,000 to found the Eugenics Record Office. Other contributors included Mrs. H. B. DuPont (of DuPont chemicals), and Dr. J. Harvey Kellogg (cereal).
- ▶ 1920s – The first eugenics sterilization laws, designed by Harry Laughlin, were passed in several states. Because of this, approximately three thousand Americans including those who were blind, deaf, orphaned, homeless, epileptic, or who had low IQ's, were sterilized against their will. A total of 17 states adopted sterilization laws.
- ▶ 1920s – Laughlin claims that European countries were exporting degenerates into the states, a claim that led to anti-immigration laws.
- ▶ 1924 – The case of a mentally handicapped Virginian woman made it all the way to the Supreme Court. The judges ruled 8-1 that the woman be sterilized, citing that she would be a 'deficient' mother. Because of this landmark decision, a further 65,000 Americans were sterilized unwillingly.
- ▶ 1909-present – The family-run Rockefeller Foundation is formed, and by 1929 John D. Rockefeller had placed \$300 million worth of Standard Oil stock into their account. Their research has led to Planned Parenthood and birth control pills, which for them reduced the population of 'undesirables.'
- ▶ 1931 – The Rockefeller foundation funds and creates psychiatric genetics, a eugenics-based specialty. Germany's medical system was reorganized, and, with the Rockefeller's help, the Kaiser Wilhelm Institute for Psychiatry and the Kaiser Wilhelm Institute for Anthropology, Eugenics, and Human Heredity were formed. Swiss psychiatrist Ernst Rudin was tapped for the chief executive of both.
- ▶ 1933 – A committee recommended by Ernst Rudin recommended the Law for the Prevention of Generically Diseased Offspring, patterned on the U.S.'s laws and welcomed by Hitler. Because of this, between 250,000 and 500,000 'undesirables' were sterilized in Germany.
- ▶ 1936 – The activities listed for 1935 for Rudin's Wilhelm Eugenics Institute were: *"The training of SS doctors; racial hygiene training; expert testimony for the Reich Ministry of the Interior on cases of dubious heritage; collecting and classifying skulls from Africa, and experimental genetic pathology."*

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Forced sterilization fell out of favor with the American public in the late 1930s, but still continued to occur into the 1970s. In Germany, it was flourishing thanks to Rockefeller donations and Hitler wanting to rid the country of Jews and other 'inferior' people.

Correlating Hitler's Philosophies With America

Adolph Hitler was born and raised Catholic, and presented himself to the public as a Christian man. He viewed fighting Jews as doing the Lord's work, and effectively used religion as moral justification for the atrocities against man that were committed under his watch. The Auschwitz concentration camps that he deposited so many thousands in were used as IG Farben's labor force, and interestingly enough, were never bombed by the allies. Plans for doing so were blocked twice by Rockefeller lawyer John Mc-Cloy, who was deputy-secretary of defense in the States at that time.

After the war, Fritz ter Meer, an executive at Bayer, was tried and convicted for crimes such as plundering and enslavement along with other executives during the Nuremberg trials. These men, who orchestrated the genocide, were sentenced as if they performed white collar crimes. Ter Meer was sentenced to only seven years. Mc-Cloy, who went to Germany to oversee compliance on war reparations as the U.S.'s high commissioner of Germany, freed ter Meer and many other executives within three years. They were given back their factories, and Bayer, who played such a key role in the war, was back to making and supplying drugs to the world.

Until the Nazis took over Germany, they enjoyed one of the most liberal medical systems in the world, and had substantial freedom of choice. Once Nazis took control, the German people experienced many losses of freedom, including those pertaining to their health. The American public needs to understand that a centralized healthcare system, controlled by the government, will never provide the patient-oriented care that places emphasis on individual rights nor the opportunity for the best care possible. There are more correlations as well:

- ▶ Homeland Security awarded Kellogg, Brown, and Root (KBR – a division of Halliburton) \$385 million in 2006 to build concentration/detention camps. The purpose of these camps is to handle a large influx of immigrants, yet the KBR press release states they will also be used *"to support the rapid development of new programs...as well as the development of a plan to react to a national emergency, such as a natural disaster."*
- ▶ Readiness Exercise 84 (Rex 84) was tested by FEMA, our military, and thirty-four federal departments, and included training exercises for detaining large numbers of Americans. These detention facilities still exist today.
- ▶ In 1974, the head of the National Security Council, Henry Kissinger, oversaw the creation of a report entitled "National Security Study Memorandum 200: Implications of Worldwide Population Growth for U.S. Security and Overseas Interests." The subject? Population control in third world countries due to the threat to national security. Thirteen countries of special concern were on this list, including India, Mexico, and Ethiopia. The plan was adopted by Gerald Ford as U.S. policy and implemented by George W. Bush senior as head of the CIA at that time, with help from multinational food corporations, especially the industry giant, Cargill:

- 1974: A newly born country, Bangladesh, was struggling with a great famine. The United States responded by withholding 2.2 million tons of food aid, spanning over seven months. Total death toll according to official record: 26,000; probable death toll: one million.
- 1980: CIA-backed independence fighters Eritrean take control of Ethiopia's borders, blocking the import of food. The Soviets backed the Ethiopians, and a brutal war broke out. Eight million Ethiopians died by 1984. A Canadian broadcasting company reported on the conflict, bringing it to light to the rest of the world, and prompting the Live Aid concert. Bob Geldorf, the organizer, raised \$250 million for food for the struggling people, saving millions of lives that otherwise would've been lost.

The Rise of Secret Societies and the New World Order

Humanism, as defined by the Encarta Dictionary, is: "a system of thought that is based on the values, characteristics, and behavior that are believed to be best in human beings, rather than on any supernatural authority." The elite of the world live by a system of logic based on this belief, and John D. Rockefeller was a pioneer of this belief in America; indoctrinating the country into the belief system of the Illuminati. The history of the Illuminati, whose name is Latin for "the enlightened ones," dates back to 1776. A main branch of the Illuminati in America is the Rockefeller center in New York, and the Rothschilds of Europe still make up the group's core.

Rockefeller was a great thinker, and he sponsored education heavily. Yet his theory was "*I don't want a nation of thinkers, I want a nation of workers.*" Due to his money being spent heavily on indoctrinating people into the Illuminati beliefs, many of the people trained in the universities here base opinions on Rockefeller-brand humanism. He created the University of Chicago, forming its educational system based on that of the Germans. This school has been a major contributor to the fields of genetic research and medical training, and without their pioneering research, the United States would not have had the technology to drop the atomic bombs on Japan.

A branch of the Illuminati, the Skull and Bones, was formed in the 1930's by Yale student William H. Russell upon returning from a year long study in Germany. Members of the Skull and Bones exist in many government leadership roles, including the CIA, Homeland Security, and our banking centers. Their loyalty lies first with the group, even above family, country, and God. Their roster boasts John Kerry, John Edwards, and President George Bush. These secret affiliations are disturbing to say the least, as these are the people that Americans entrust their freedoms to. Just how much can our leaders be trusted when their allegiance lies with societies that no one outside of the elite is privy to?

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The Poisoning of the American People

LSD & MK-Ultra

Behavior control has long been an interest of governments around the world. In the U.S., one of the more famous studies of behavior control was MK-Ultra, a mass drugging overseen by Sidney Gottlieb. During these experiments, LSD was given to oft-unwitting subjects, often in extremely high doses or for extreme lengths of time (one man was dosed for 174 days straight).

Gottlieb concluded that these mind-control experiments, totaling 149 separate tests, were useless. He received the CIA's Distinguished Intelligence Medal, even though he clearly violated the Nuremberg standards for clinical trials (the basis of which Nazis were executed for their atrocities). This guilt must have weighed heavily on him, for in his memoirs he stated that he worked with AIDS and cancer patients in his later years in an attempt to *"get on the side of angels instead of devils."*

LSD was made legal to be prescribed in the U.S. by the FDA. The CIA's original source for it was Sandoz, a chemical company in Switzerland. The supply was erratic, and Eli Lilly stepped up as the CIA's new supplier, all in the name of national security. Bayer is heavily involved in narcotics as well:

- ▶ In the early 1900s they discovered how to synthesize heroin from the opium poppy. Marketed as a remedy for morphine addiction, it was also heavily used as a cough suppressant.
- ▶ Methadone, a synthetic morphine and another Bayer creation, was heavily used in WWI as a pain killer. Today, the American manufacturers are Eli Lilly and DuPont, and the drug is used as treatment for heroin addiction.

Many heavyweight chemical companies, such as Eli Lilly and DuPont, also manufacture the chemicals necessary for the production of heroin, methadone, and even cocaine; such as ammonium chloride, acetone, hydrochloric acid, and ether.

The Military and Perchlorate

Perchlorate is used in matches, fireworks, and flares, but it is also used by the military because it helps rocket fuel burn. In fact, ninety percent of it is used by the military, much to the detriment of the public's health:

- ▶ Our water and food supply is contaminated with perchlorate thanks to military manufacturing companies. Approximately \$55 billion worth of clean-up is necessary to rid the perchlorate risk to the American public.
- ▶ The chemical damages brain function, handicaps metabolism, interferes with thyroid function, and can cause cancer.

- ▶ The effect of perchlorate on the thyroid can cause obesity as well as compromise brain development in infants, which is extremely alarming when mixed with the fact that recent studies showed that all samples of breast milk from all areas of the country contained perchlorate.
- ▶ The military has been disposing of the chemical without any regulatory guidelines since the mid-1940s, polluting the nation's waterways. High amounts have been dumped in Utah and Nevada, and produce, especially lettuce, grown in the states of Florida, Texas, and California may have excessive levels.

Monsanto's Chemical of Death

Polychlorinated biphenyls, or PCBs, are chemicals that have a high boiling point, excellent electrical insulation properties, degrade very slowly, and are commonly used in industrial insulation, electric wires, as plasticizers in paints, plastics, and rubbers, and often have direct contact with food. These are environmental disasters, becoming more detrimental as they degrade or interact with other toxins. They are prone to oxidation, and as it oxidizes it forms even more toxic chemicals: one oxygen molecule added produces a furan, which is a chemical used in making nylon, and two oxygen molecules combined with PCBs creates one of the most powerful toxins known to man; a dioxin.

Low-grade toxicity causes loss of energy, sex drive, and appetite. Higher exposure causes skin problems such as acne, liver damage and increased cancer risk. A company study indicated that it caused tumors in animals, yet Monsanto changed the findings to state “does not appear to be carcinogenic” instead of “slightly tumorigenic.” The chemical is so powerful that Monsanto managers witnessed fish turn belly up, spurt blood, and shed skin within ten seconds of the chemical being dumped in the Anniston Creek in Anniston Alabama. Their reaction? They said nothing.

Monsanto has tried hiding the detrimental effects of PCBs, and Bayer exported them worldwide knowing full well how toxic they were to humans. Worse still, a recent EPA study found the chemical, which is stored in fat, in eighty three percent of humans tested. Monsanto has since sold off the chemical portions of its business, in order to avoid the lawsuits it caused.

Now, Monsanto has a large hand in our food supply, and is partners with the other food giant, Cargill. Their specialty is now changing the DNA of our food, creating genetically modified organisms.

Genetic Manipulation of Our Food Supply

Unbeknownst to many Americans, they are consuming food that has been genetically tampered with. GMO food is now in seventy percent of our food products, and GMO crops are grown on twenty-five percent of American soil. We produce fifty-five percent of the world's GMO food, and the rest of the bulk comes from China, Argentina, and Brazil. Here in the U.S., sixty percent of Americans are unaware of the subject of GMO foods and therefore completely unaware they are consuming them or what the ramifications may be. Seventy percent of Europeans, on the other hand, are not only aware but oppose GMO foods.

The dangers of genetically modified foods lie in the way that they are engineered. In order to modify the DNA of the food, scientists inject a virus, commonly the Cauliflower Mosaic virus (CAMv), to facilitate the recombination of genes. This is used in Monsanto's Roundup Ready Soybeans, GE Cotton, and varieties of GE canola. This is a highly infectious virus that is injected into every cell of the food produced. Monsanto's own director of regulatory science admits that "some of the virus can recombine." This means that:

- ▶ A person already suffering a viral infection may get worse after ingesting GMO food.
- ▶ Super-flu could be bred from chickens and pigs that ate GMO food.
- ▶ Super-viruses can be produced from viruses interacting with GMO crops, and they could change so fast that no vaccine would be effective.
- ▶ Researchers at Michigan State University have already shown that a virus-resistant gene inserted into plant life holds the possibility of recombination into new and more harmful viruses.

On top of this, researchers testing on rats have shown that those eating GMO food experienced severe damage to the digestive tract. The doctor performing these experiments, Dr. Pusztai, showed that the rats developed a severe viral infection caused by the CAMv. He was subsequently fired for publishing his work, thanks to the powers that be in the British government. Another study in 2005 conducted by Russian researchers showed that the offspring of rats fed GMO soy during pregnancy and lactation died within the first three weeks of life. This is a scary thought when you consider the soy-based formulas that mothers feed their infants.

The Fluoride Fraud

The Environmental Protection Agency (EPA) has set the upper limits for fluoride in drinking water at 4mg/L (milligrams per Liter). Along with the American Dental Association they have established a suggested range of 0.7 - 1.2mg/L for prevention of cavities. As a public health policy, a majority of American communities add fluoride to their water. So where is the fraud?

- ▶ Fluoride occurs naturally in the environment, however the greater the content in a community's water, the greater the risk of cancer, malformed babies, mental retardation, bone disease, and severe dental problems.
- ▶ Bone cancer could result from fluoride use, especially in children, and a study at Harvard showed a five-fold increase in the risk of a rare type of bone cancer in boys.
- ▶ Fluorosis is the effect fluoride can have on teeth, which can result in changes in the tooth's enamel such as abnormal mottling (marking irregular patches of different colors), pitting, and enamel loss. It was virtually unknown in America prior to fluoridation.

- ▶ Fluoride accumulates in bone, and is a powerful bone toxin.
- ▶ Fluoride used for our water used to come mostly in the form of sodium fluoride from aluminum manufacturing, and is still used in toothpaste. Today, most of the fluoride in our water comes from byproducts of the phosphate industry in the form of silica-fluoride and sodium fluorosilicate. Evidence shows these may be more toxic than sodium fluoride due to their effect on the body absorbing more lead, yet the government maintains they are equivalent.

Fluoride is a poison to our bodies, not a nutrient. Poisons are supposed to be tested before being given to the public as drugs, yet 165 million Americans are in essence being given a drug by the federal government.

All of this pollution knocks antioxidants in our system, and fluoride is especially detrimental because it directly affects Coenzyme Q10 (CoQ10), which is responsible for the energy production for every cell in our body. Without it, cells oxidize quickly and die.

Codex Alimentarius and the FDA

A major threat to our health freedom is under way, much like what happened to the Germans under the Nazi regime. Codex Alimentarius is a United Nations Group that is positioning itself to have world-wide control of food and vitamin standards. The formation of the World Trade Organization (WTO) in 1995 has given Codex power where there was none before, in that those who do not adhere to their directives will have trade restrictions imposed on them. This is a real threat to the millions of Americans who choose alternative means of care, as Codex firmly believes that vitamin supplements have no place in preventing disease, nor a place in medicine.

The FDA is on board with this. German drug companies such as Bayer, Hoechst, and BASF have played critical roles in establishing guidelines for global trade rules that involve vitamins and supplements. These are the same companies that assisted Nazi-dominated IG Farben years ago. The FDA intention is to eliminate effective nutritional supplementation as a health option, completely aligning with German-designed global laws. Codex does not want to eliminate supplements, only those strong enough to be of benefit. The companies who mass-market multiple vitamins made of cheap products that have no benefit on the body or on our health stand to gain the most, as they will be the ones able to monopolize the industry. They all view high quality nutritional supplements as a threat because:

- ▶ They are a legitimate health option that work to prevent sickness and can actually restore health. Drug companies stand to lose a lot of money to this industry.
- ▶ Supplements are far safer than drugs, and often more effective.
- ▶ An energized and healthy population, thanks to natural supplements, would not be nearly as easy to control through fear as would a sick, disease, and drugged one.

What We Can Do

Americans must stand up for their rights. They must become more engaged in the world around them; more aware of their rights and more suspicious of the ulterior motives of those in power. We must work to make sure that bills such as the Dietary and Supplement Health and Education Act (DSHEA) and Ron Paul's (R-TX) H.R. 4282, Health Freedom Protection Act are passed. The issue needs to be on the forefront of everyone's mind during election time. Our health is a right, not a privilege to be controlled by the elite and powerful of the world. We are weak now, but we can be strong.

Instead of being self-absorbed, acting only when things seem to personally and immediately affect us, we must begin to help others now. We must stand up for our rights and freedoms. We must vote with our wallets, buying the food raised naturally by the small farmers, such as grass-fed beef and organic produce. We must show the politicians and corporations that we will not be poisoned; we will not be their test subjects and guinea pigs to further their dreams of a New World Order that takes the power from the people and places it, and money, into their hands alone.

Start practicing this now. When in the doctor's office, ask if your medication is approved by the FDA for the use that is being suggested. If it is not, ask if he or she is willing to sign a paper placing legal responsibility on them should something go wrong. Ask how long

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you are expected to stay medicated, and what alternative options may be available. Ask how you can fix what is wrong with your body that the medicine is placing a band-aid on, and do not accept generic answers. Be wary of those who get offended, and when you find a doctor that truly cares about finding the underlying cause and fixing it, consider yourself lucky and stick with him or her!

Americans are at a pivotal point in history right now, and the choices we make today will affect our children and grandchildren, for many generations to come. Will history show that we failed, or that we banded together in support of our rights? This IS every American's problem, and every American's responsibility, as it is an attack on the very thing that our country was built upon. It is an attack on our freedom. ■

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